

KIRSTY RUSSELL CONSULTING



School Programs

Kirsty Russell Consulting (KRC) offers a range of programs to schools, tailored to your specific needs. Whether you are a mainstream primary or high school, an independent college or a special education institution, KRC delivers information sessions, professional development or consulting services to suit your unique requirements.

Information Sessions

Kirsty Russell Consulting delivers one-hour information sessions to teachers, staff and volunteers, providing insight into what it's like to parent children with additional needs. This insight can help foster more meaningful relationships and lead to improved outcomes for students. All sessions are tailored to meet your individually identified needs and cover:

- What it's like to receive a diagnosis for your child
- What parents wish you knew
- What parents need from you
- What you can do to support parents
- What a good relationship should look like.

In-service Presentations

Kirsty Russell Consulting delivers two-hour in-service sessions to teachers, staff and volunteers, on a range of topics relating to parent-teacher relationships. These sessions are designed in consultation with the school to increase awareness and understanding of the parent experience and provide practical strategies to help schools cultivate better relationships.

In-service presentations cover the following:

- Guiding parents & students through school transitions
- Relationship management principles: practical ways to improve parent-school relationships
- How to develop a communication plan to better engage parents and manage interactions
- Involving parents in the education process - strategies for success

Professional Development

Kirsty Russell Consulting delivers half-day professional development sessions, giving teachers the knowledge to establish and maintain respectful collaborative relationships with parents. Focusing on relationship management and effective communication as the basis for engagement, the Bridging the Gap: How to Develop Positive Partnerships with Families workshop is designed to:

- Identify and quantify the many benefits of effective collaboration and engagement between schools and families.
- Provide insight into the challenges families face and how these affect the establishment of positive relationships with schools.
- Develop an understanding of what makes effective collaborative relationships between schools and parents.
- Explore strategies to create, maintain and grow positive relationships with families within your specific school context.
- Identify key opportunities for parent-teacher engagement, focusing on existing touch-points.
- Develop a targeted communication plan to encourage more positive engagement and greater collaboration with families.

While this course is designed to help improve engagement with parents of students with disabilities, the strategies and insights provided can be used when seeking to engage and communicate with all parents and the wider school community.

Parent Sessions

For every school program, KRC offers a complimentary parent information session. Conducted on-site, in consultation with the principal and executive team, these sessions are designed to share effective relationship management strategies with parents to help them better engage and encourage ongoing participation and advocacy.

Information sessions can cover any combination of the following:

- Principles of relationship management
- How to become a better advocate
- Awareness of mindset and how it can colour relationships
- How to maintain positivity as a special needs parent
- Adopting a strengths-based approach to your child's education
- Managing transitions
- How to overcome bumps in the education road
- Strategies for school success

If you're interested in finding out more contact Kirsty Russell on 0418 669 653 or email [Hello@KirstyRussell.com.au](mailto>Hello@KirstyRussell.com.au)